

REPAIR DAMAGE

Rehydrate parched strands Dried-out hair is susceptible to breakage because it loses elasticity. To strengthen locks, hairstylist Ken Pavés has clients like **Eva Longoria** use a rich hair mask once a week. "Or comb conditioner through damp strands, tie it up and leave it in for a day," he says.

Neutralize brassy color "Too much sun and chlorine can make blonde hair look green and brunette hair look orange," says NYC colorist Marie Robinson, who works with **Rachel Weisz**.

Use a color-depositing shampoo in your shade or an at-home gloss treatment to add shine and boost color.

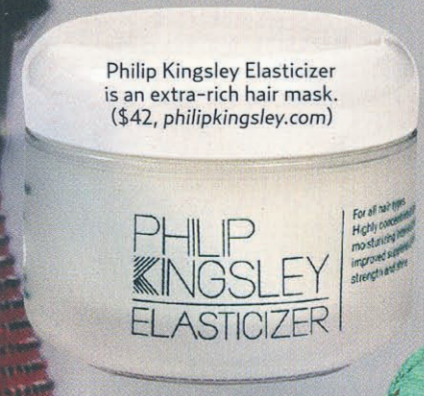
Mend split ends Use a silicone serum on damaged ends to temporarily seal the cuticle. "But you still need a trim every six weeks to keep hair healthy," says Pavés.



◀ Suave Extreme Strength Daily Leave-In Treatment bolsters hair with silk and wheat proteins. (\$3, drugstore.com)



Davines Alchemic shampoo helps restore faded color. (\$20, 800-255-9522)



Philip Kingsley Elasticizer is an extra-rich hair mask. (\$42, philipkingsley.com)



◀ Herbal Essences Break's Over conditioner has strengthening coconut milk. (\$4, drugstores)

▶ Cate Blanchett is a fan of gentle sulfate-free Kenra Platinum Shampoo. (\$15, kenra.com)



▲ Ouidad Wide-Tooth Comb, \$4, ouidad.com

IMPROVE HABITS

Don't overwash "It dries hair and strips natural oils," says Pavés, who recommends shampooing three times a week. In between washes, rinse with warm water and massage the scalp to lift off oils.

Use the right tools Use a wide-tooth comb to detangle wet strands. "Start at the bottom and work upward to avoid pulling at knots," says Pavés. Invest in a natural-bristle brush for blow-drying; plastic or metal can cause breakage.

Apply products on damp hair It helps seal in moisture. "I use Kérastase Oleo-Relax when I get out of the shower. My hair is thick and curly, and that stuff tames it," *High School Musical's* **Ashley Tisdale** tells *Us*. (\$34, kerastase-usa.com)



Tisdale



Longoria

CLOCKWISE FROM LEFT: LEIGH SWEETEN/SPA PRESS; FERNANDO CATURO/PHOTO IMAGE PRESS; KATHY HUTCHINS/HUTCHINS PHOTO AGENCY; STILL LIFE; WENN MEDIA

STYLING TIPS

Protect against heat Apply a thermal shield spray before blow-drying, and use the nozzle attachment. "It prevents hair from burning," says hair pro Enzo Angileri, who works with **Debra Messing**.

Use extensions Give hair a break from styling (and get extra volume or length) with temporary hair extensions. **Eva Longoria** fastened a 10-inch Hairdo clip-in piece to change her long locks into a shoulder-length bob (*above*) for the *El Cantante* premiere in L.A. July 31. (\$90, extensions.com)



◀ Got2b Crazy Sleek



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