

Bioré
PORE PERFECT.

ella, vintage diva.

Cute necklace.
Where'd you get it?
I raided my crazy
aunt's closet.

**You're having a good
skin day. How?**
I never cheat.
I stick with it.

Heavy. What's your ritual?
No soap. That Bioré
warming stuff. Rockin'.

Anything at night?
Those pore strips.
And a good foot rub.

Sounds fun, who with?
Can't reveal my source.



beauty | SUMMER HAIR

save your scalp

A sunburned scalp is more than just a minor irritation. Scalp burn can damage the hair follicles and result in compromised hair health, too, says Rebecca Tung, M.D., a spokesperson for the American Academy of Dermatology. Keep your scalp safe from the sun by wearing a hat or a scarf or by pulling your hair back in a ponytail so the hair shields your part from the sun. You can also spray sunscreen on your part for protection.

Already burned? Take an anti-inflammatory medication, like ibuprofen, to reduce redness and discomfort. Also, avoid hair dryers, sharp-bristle brushes, and styling aids containing alcohol, all of which can irritate the scalp while it's trying to heal.



PROBLEM:

Your hair feels fried and looks as dull as driftwood.

HOW IT HAPPENS: Chlorine and salt water sap moisture from already dry hair and rough up its cuticles, giving it that lack-luster look. Overusing products, which is common in heat and humidity, can also cause dullness. "The more product residue, the less light your hair is going to reflect," says Harold. Translation: no shine.

TO FIX IT NOW: Use a heated iron on your hair (a flat iron if you wear it straight; a curling iron if you like waves or curls). The heat from these tools seals the cuticles, letting hair lie flat and reflect more light. Just don't overdo it. Using these tools more than a couple of times a week can make hair even drier.

TO PREVENT IT NEXT TIME:

Use a clarifying shampoo to rinse away product buildup and any residue left by chlorine or salt water. (Try Kenra Clarifying Shampoo, \$10, www.kenra.com for stores.) These formulations are gentle on dry, color-treated, and damaged hair.

Glaze your hair. Both salon and at-home glazes protect all hair types from sun damage and seal in moisture by combining mild dyes with shine enhancers to leave strands smooth and glossy. (Try John Frieda Luminous Color Glaze Clear Shine, \$10 at drugstores.)