

**"I DO JIU-JITSU THREE OR FOUR TIMES A WEEK AT GRAPPLING UNLIMITED. I ALSO TEACH MUAY THAI KICKBOXING, AS WELL AS STRENGTH, CONDITIONING AND JUMP-START CLASSES AT THE STUDIO AT LEAST TWICE A WEEK."**

*Clockwise from bottom: Tough guy Egan Inoue saves face with Shiseido's SPF 35 sunscreen stick. Lightweight hair care from Kenra. Back at The Studio (2754 Woodlawn Dr., Ste. 7-103A, Honolulu, 988.6200), a client tests her agility. Ringside gloves and other sports gear can also be found at The Studio at Manoa Marketplace.*



## MARTIAL ARTIST

Egan Inoue may have traded in collecting titles as a world champion athlete for training up-and-comers, but at the age of 42, he practices what he preaches. "I do Jiu-Jitsu three or four times a week at Grappling Unlimited. I also teach Muay Thai kickboxing, as well as strength, conditioning and jump-start classes at The Studio at least twice a week. But surfing is my stress release." He opened The Studio at the Manoa Marketplace in October 2006 as an upscale gym to teach his hybrid of martial arts and fitness. And just a few doors down at Grappling Unlimited, he trains mixed martial arts fighters and Jiu-Jitsu competitors. With classes for every age and skill level, a workout with Inoue will make you feel like a champ. Visit [www.thestudiohawaii.com](http://www.thestudiohawaii.com). —Sberrie Strausfogel

*Favorite skincare product:* Peter Thomas Roth after-sun moisturizer, as well as the brand's skin lightener. His line of hair care, face products and fragrances are great for men. *To hair and to hold:* Kenra gel or styling crème. They are light and easy to use. (I don't comb my hair!) *Signature scent:* The new one from Prada—Amber Pour Homme—and Terre d'Hermès. My wife, Marcia, likes them on me. *Don't leave home without:* Sunscreen is a must when I surf and go to the beach with my family. I like D.D.F. with SPF 35, Shiseido SPF 35 and Vertra SPF 50. I'm currently in talks to get my own line of active care for the face and body. *Best tip to look your best:* Stay fit, get enough rest and when in doubt, surround yourself with the top dogs in the [beauty or fitness] industry.

